

# HFS Medical Assistance Certificate-Managed Long Term Services and Supports

Meridian Health Plan of Illinois, Inc.

# How to Use Your Certificate

This Certificate should be read thoroughly. Many of the provisions of this Certificate are interrelated; therefore, reading just one or two items may not give a clear understanding to the reader.

Many words used in this Certificate have special meanings. Such words will be capitalized and are defined in Section I. By using these definitions, the clearest understanding will be obtained.

This Certificate may be subject to amendment, modification, or termination by mutual agreement between Meridian Health Plan of Illinois, Inc. ("Health Plan") and the Illinois Department of Healthcare and Family Services (HFS) without the consent of any Member. Members will be notified of such changes as soon as possible after they are made. By choosing healthcare coverage under Health Plan, Members agree to all the terms and conditions in this Certificate.

#### Service Area

Counties of Adams, Alexander, Bond, Boone, Brown, Bureau, Calhoun, Carroll, Cass, Champaign, Christian, Clark, Clay, Clinton, Coles, Cook, Crawford, Cumberland, DeKalb, DeWitt, Douglas, DuPage, Edgar, Edwards, Effingham, Fayette, Ford, Franklin, Fulton, Gallatin, Greene, Grundy, Hamilton, Hancock, Hardin, Henderson, Henry, Iroquois, Jackson, Jasper, Jefferson, Jersey, Jo Daviess, Johnson, Kane, Kankakee, Kendall, Knox, Lake, LaSalle, Lawrence, Lee, Livingston, Logan, Macon, Macoupin, Madison, Marion, Marshall, Mason, Massac, McDonough, McHenry, McLean, Menard, Mercer, Monroe, Montgomery, Morgan, Moultrie, Ogle, Peoria, Perry, Piatt, Pike, Pope, Pulaski, Putnam, Randolph, Richland, Rock Island, Saline, Sangamon, Schuyler, Scott, Shelby, St. Clair, Stark, Stephenson, Tazewell, Union, Vermilion, Wabash, Warren, Washington, Wayne, White, Whiteside, Will, Williamson, Winnebago, and Woodford.

#### **Pre-Certification and Utilization Review**

The Health Plan's Medical Director or designated Utilization Management ("UM") Department Representative must authorize all elective hospital admissions, outpatient surgery, and specialty care

#### **Out-of-Area Coverage**

The Plan does not cover out of area services unless explicitly provided otherwise in this Certificate. Members who move outside of the service area will be disenrolled, except for Members living in the Service Area who are admitted to a nursing facility outside of the Service area and placement is not based on the family or social situation of the Member.

#### **Financial Responsibility**

There are no co-payments, deductibles or premiums payable by the Member for covered, eligible care. A Member may request a description of the financial relationships between the Health Plan and any healthcare provider, the percent of co-payments, deductibles and total premiums spent on health care and related administrative expenses, as well as a notice of the Member's right to request healthcare provider information from his or her provider as set forth in the Managed Care Reform and Patient Rights Act.

Meridian Health Plan of Illinois, Inc. 333 S. Wabash Ave., Suite 2900 Chicago, IL 60604

# **CERTIFICATE OF COVERAGE**

This Certificate is issued by Meridian Health Plan of Illinois, an Illinois Corporation operating as a health maintenance organization, hereinafter referred to as "Health Plan" to <a href="Almeber First Name"><a href="A

Effective Date:	Meridian Health Plan of Illinois, Inc.
<effective date=""></effective>	By: <signature image=""> President and CEO</signature>
	Dated: _ <date></date>

below, under which Certificate coverage will commence on the effective date indicated below.

# Certificate of Coverage Table of Contents

Section I.	Definitions	4
Section II.	Eligibility and Enrollment	5
Section III.	Termination of Member's Coverage	6
Section IV.	Covered Services and Benefits	6
Section V.	Continuity of Care	
Section VI.	Standing Referral	8
Section VII.	Relationship of Parties	8
Section VIII.	Workers Compensation, Automobile Liability Insurance, Medicare and other Health Coverage	8
Section IX.	Subrogation	
Section X.	Utilization Management Program	9
Section XI.	Grievances and Appeals	1
Section XII.	General Provisions	1
Section XIII	General Exclusions and Limitations	15
Attachment A	Schedule of Covered Services and Benefits, Limitations and Exclusions	1
Attachment B	Member Services Department	2

# MERIDIAN HEALTH PLAN OF ILLINOIS, INC

#### **SECTION I. DEFINITIONS**

- A. "Action" means a (i) denial or limitation of authorization of a requested service; (ii) reduction, suspension, or termination of a previously authorized service; (iii) denial of payment for a service; (iv) failure to provide services in a timely manner; (vi) if Health Plan is the only managed care organization contracted with the Department serving a rural area, the denial of a Member's request to obtain services outside the approved Contracting Area. (v) failure to respond to an appeal in a timely manner; and (vi) if Health Plan is the only managed care organization contracted with the Department serving a rural area, the denial of a Member's request to obtain services outside the approved Contracting Area.
- B. "Appeal" means a request for review of a decision made by the Health Plan with respect to an Action.
- C. "Chronic" means an illness or injury that is, or is expected to be of a long duration and/or frequently recurs and is always present to a greater or lesser degree. Chronic conditions may have acute episodes.
- D. "Contract" means the agreement between Health Plan and the Department under which this coverage is made available to Eligible Persons.
- E. "Covered Services," as described more fully in Attachment A Covered Services and Benefits, Limitations and Exclusions, are those benefits, services, and supplies which Meridian Health Plan of Illinois, Inc., ("Health Plan") has contracted with the Department to arrange for Members.
- F. "Department" shall mean the Illinois Department of Healthcare and Family Services.
- G. "Dependent" shall mean an individual meeting the requirements under the Medical Assistance Program who is a Member of a medical assistance case and an Eligible Person.
- H. "Effective Date" shall mean the date on which a Member's coverage becomes effective.
- I. "Eligible Person" shall mean any person covered under the Contract.
- J. "Exclusion," as more fully described in Attachment A, is an item or service which is not a Covered Service under the Contract.
- K. "Experimental or Investigational Treatment" means any drug, device, therapy, medical treatment or procedure which involves the application, administration or use of procedures, techniques, equipment, supplies, products, remedies, vaccines, biological products, drugs, pharmaceuticals or chemical compounds if, as determined solely by the Health Plan:

The drug or device cannot be lawfully marketed without approval of the U.S. Food and Drug Administration and approval for marketing has not been given at the time the drug or device is furnished:

The drug, device, therapy, medical treatment, or procedure, or the patient informed consent document utilized with the drug, device, medical treatment or procedure, was reviewed and approved by the treating facility's Institutional Review Board or other board serving a similar function, or if federal law requires such review and approval;

Reliable Evidence (as that term is defined below) shows that such drug, device, therapy, medical treatment, or procedure has not been proven safe and effective for the treatment of the condition in question, using generally accepted scientific, medical, or public health methodologies or statistical practices;

Reliable Evidence shows that the drug, device, therapy, medical treatment, or procedure is the subject of on-going phase I or phase I clinical trials; is the research, experimental, study or investigational arm of on-going phase III clinical trials; or is otherwise under study to determine its maximum tolerated dose, its toxicity, safety, or efficacy as compared with a standard means of treatment or diagnosis; or

Reliable Evidence shows that the prevailing opinion among experts regarding the drug, device, therapy, medical treatment, or procedure is that further studies or clinical trials are necessary to determine its maximum tolerated dose, its toxicity, its safety, its efficacy, or its efficacy as compared with a standard means of treatment or diagnosis or the prevailing opinion among experts as demonstrated by Reliable Evidence is that usage should be substantially confined to research settings.

- L. "Grievance" means a Member's expression of dissatisfaction, including complaints, about any matter other than a matter that is properly the subject of an Appeal.
- M. "Group" means the Illinois Department of Healthcare and Family Services.
- N. "Hospital" is a legally operated facility defined as an acute care or tertiary hospital and an institution licensed by the State and approved by The Joint Commission ("TJC"), the American Osteopathic Association ("AOA") or by the Medicare program.

- O. "Medical Assistance Program" means the HFS Medical Assistance Program administered by the Illinois Department of Healthcare and Family Services.
- P. "Medical Director" means a Physician designated by Health Plan to monitor and review the utilization and quality of health services provided to Members.
- Q. "Medically Necessary" means a service that is appropriate, no more restrictive than that used in the State Medicaid program, including quantitative and non-quantitative treatment limits, as indicated in State statutes and regulations, the State Plan, and other State policy and procedures, and meets the standards of good medical practice in the medical community, as determined by the Provider in accordance with Contractor's guidelines, policies, or procedures, for the diagnosis or treatment of a covered illness or injury; for the prevention of future disease; to assist in the Member's ability to attain, maintain, or regain functional capacity; for the opportunity for an Member receiving LTSS to have access to the benefits of community living, to achieve person-centered goals, and live and work in the setting of the Member's choice; or for an Member to achieve age-appropriate growth and development.
- R. "Member" shall mean an Eligible Person enrolled in the Health Plan under the Contract.
- S. "Out-of-Area Services" are those Covered Services arranged or received outside the Service Area and are limited to Emergency Services.
- T. "Participating Provider" is a Provider, medical group, Hospital, Skilled Nursing Facility, home health agency, or any other duly licensed institution or health professional that has contracted directly or indirectly with Health Plan to provide or facilitate Covered Services to Members, and is currently enrolled as a provider in the Medical Assistance Program. A Participating Provider's agreement with Health Plan may terminate at any time and a Member may be required to utilize another Participating Provider.
- U. "Physician" is a person licensed under the Medical Practice Act of 1987.
- V. "Primary Care Provider" or "PCP" means a Participating Provider who has primary responsibility for providing, arranging and coordinating all aspects of a Member's health care. A Member shall select or have selected on his or her behalf a Primary Care Provider. A Primary Care Provider's agreement with Health Plan may terminate at any time and a Member may be required to utilize another Primary Care Provider.
- W. "Service Area" means the geographic area within which Health Plan has received regulatory approval to operate and is designated by the Contract under which the Member is enrolled.
- X. "Short-Term Rehabilitation Therapy" means rehabilitation therapy that is limited to treatment for conditions which are subject to significant clinical improvement within two (2) months from the first day of care, as determined by Member's Primary Care Provider and Health Plan's Medical Director in advance and on a timely basis unless otherwise explicitly stated in Attachment A.
- Y. "Skilled Nursing Care" means Covered Services that can only be performed by, or under the supervision of, licensed nursing personnel.
- Z. "Skilled Nursing Facility" is a facility which is duly licensed by the State which provides inpatient acute skilled nursing care, acute rehabilitation services or other related acute health services.
- AA. "Specialty Care Physician" is a Physician who provides certain specialty medical care upon referral by a Member's PCP and is currently enrolled as a provider in the Medical Assistance Program and authorized by Health Plan.
- BB. "Usual and Customary Charge" is the charge which is based on the then current prevailing Medical Assistance Program fee schedule in the Member's Service Area. If a Member has a question as to Health Plan's determination of the Usual and Customary Charge in a specific instance, he or she may call Member Services.

#### SECTION II. ELIGIBILITY AND ENROLLMENT

# A. Who is Eligible to be a Member

An Eligible Person who has enrolled in Health Plan pursuant to the Contract and confirmed by the Department. Also, a newborn child of the Eligible Person who is the Case Holder and who is enrolled in Health Plan shall have coverage from the moment of birth, subject to all applicable provisions of this Certificate. If you have a baby, call your caseworker right away. Then call the Health Plan so we are aware of your baby's birth.

# B. Enrollment

Enrollment under this Agreement shall operate as follows:

Health Plan and the Department, or its contracted client enrollment broker, shall be responsible for the enrollment of Eligible Persons pursuant to agreed-upon procedure. A newborn infant added to the medical assistance case within 46 days of birth will be automatically enrolled in the Health Plan if the mother is the grantee of the case and is enrolled in the Health Plan at the time of birth. The Effective Date of enrollment will be the infant's date of birth. Newborns added to a medical assistance case after 46 days of birth will be also automatically enrolled in the Health Plan if the mother is the grantee or all Members of the case are enrolled in the Health Plan. The Effective Date of coverage will be prospective as determined by the Illinois Department of Healthcare and Family Services.

- 2) Health Plan, as part of its marketing and Member service functions, will educate and assist Eligible Persons to understand their enrollment options, facilitate their contact with the client enrollment broker or, if necessary, submit to the Department, or its contracted client enrollment broker, an approved enrollment form completed and signed by the Eligible Person who is the grantee of the case. An adult Eligible Person who is not the grantee of the case may enroll himself/herself only.
- 3) A member may change their health plan any time in the first ninety (90) days of enrollment. After that, a member cannot change their health plan except for once a year during the open enrollment period designated by HFS. HFS may additionally allow an Member to disenroll outside of the open enrollment period in the following circumstances upon request:
  - The Member moves out of the Health Plan's service area;
  - Health Plan does not provide a Covered Service sought by the Member due to reasons of conscience;
  - The Member needs related covered services to be performed at the same time, not all of the related services are available through the Health Plan, and the Member's PCP or other Provider determines that receiving the services separately would subject the Member to unnecessary risk;
  - When a change in Member's LTSS Provider (residential, institutional, or employment support) from a Network Provider to a non-Network Provider results in a disruption to residence or employment; or
  - Other reasons, including but not limited to poor quality of care, lack of access to Covered Services, lack of access to
    Providers experienced in dealing with the Member's health care needs, or, if automatically re-enrolled after loss of
    eligibility outside of the open enrollment period.

#### C. Nondiscrimination

Enrollment shall be without regard to race, color, religion, sex, national origin, ancestry, age or physical or mental handicap. Health Plan will not discriminate against Eligible Persons on the basis of health status or need for health services.

#### D. Delivery of Documents

Health Plan will provide a Member handbook to each Member upon enrollment, upon request, and with any significant changes.

#### E. Notice of Ineligibility

It shall be the State's responsibility to notify Health Plan of any changes which will affect Member's eligibility.

# SECTION III. TERMINATION OF MEMBER'S COVERAGE

#### A. Termination

Except as expressly provided in this Certificate, Health Plan may seek to have the Illinois Department of Healthcare and Family services may terminate coverage under this Certificate for a Member as follows:

- 1) When an Member becomes ineligible for the HFS Medicaid Program or otherwise is not within the population described as being Members under this Contract, or upon the occurrence of any of the following conditions:
  - Upon the Member's death. Termination of coverage shall take effect at 11:59 PM on the last day of the month in which the Member dies. Termination may be retroactive to this date.
  - b. When a Member elects to change MCOs during the change period or Open Enrollment Period. Termination of coverage with the previous MCO shall take effect at 11:59 PM on the day immediately preceding the Member's Effective Enrollment Date with the new MCO.
  - c. When a Member no longer resides in the Service Area. If a Member is to be disenrolled at Health Plan's request under this section, Health Plan must first provide documentation satisfactory to HFS that the Member no longer resides in the Service Area. Termination of coverage shall take effect at 11:59 PM on the last day of the month prior to the month in which HFS determines that the Member no longer resides in the Service Area. Termination may be retroactive if HFS is able to determine the month in which Member moved from the Service Area.
  - When HFS determines that a Member has other significant insurance coverage or is placed in Spend-Down status.
  - e. When HFS is made aware that a Member is incarcerated in a county jail, Illinois Department of Corrections facility, or federal penal institution. Termination of coverage shall take effect at 11:59 PM on the last day of the month prior to the month in which the Member was incarcerated.

When a Member enters Department of Child and Family Services (DCFS) custody. Termination of coverage shall take effect at 11:59 PM on the day prior to the day on which the court grants DCFS custody of the Member.

Health Plan will not seek to terminate a Member's enrollment because of any adverse change in a Member's health status, or because of the Member's utilization of Covered Services, diminished mental capacity, or uncooperative or disruptive behavior resulting from a Member's special needs (except to the extent Member's continued enrollment with Contractor seriously impairs Contractor's ability to furnish Covered Services to the Member or other Members). Further, Health Plan will not seek to terminate enrollment of a Member who attempts to exercise, or is exercising, that Member's Grievance or Appeal rights under this Certificate.

#### B. Reinstatement

A Member shall not be reinstated automatically in the Plan if coverage is terminated by the Department for cause.

If a Member's coverage is terminated due to eligibility cancellation, and if such person's eligibility is regained within 60 days, he or she will automatically be reinstated as a Member of Health Plan and assigned to his or her previous Primary Care Provider and covered under this Certificate. If eligibility is canceled longer than 60 days, membership is not automatically reinstated. A new enrollment application will be required.

# C. Creditable Coverage Certificate

Health Plan will track periods of "creditable coverage" of each Member. Upon termination of coverage under this Certificate and during the two (2) year period following termination, you may request a Certificate of Creditable Coverage from the Department by calling 888-281-8497.

#### SECTION IV. COVERED SERVICES AND BENEFITS

A Member shall receive Covered Services from Participating Providers unless otherwise provided in this Certificate, as set forth in Attachment A, which are determined to be Medically Necessary and performed within the scope of a provider's practice, experience, and training.

When a Participating Provider determines services are Medically Necessary and notifies the Health Plan of a recommended course of treatment, and a second course of treatment is determined to be medically equivalent or substantially medically equivalent by Health Plan, Health Plan has the right, at its discretion, and provided that the decision is made on a timely and prospective basis, to cover only the less costly services or benefits rather than those which would otherwise be covered or available under the Contract. This provision does not preclude the physician's right to appeal pursuant to 215 ILCS 134/45. This remains true whether such less costly services or benefits would or would not otherwise be covered. This means, for example, that if both inpatient care in a Skilled Nursing Facility and nursing care in the home on a part time intermittent basis would be medically appropriate, and inpatient care would be less costly, Health Plan can limit coverage to inpatient care. Moreover, Health Plan can limit coverage to inpatient care even if it means extending the quantity of the inpatient benefit beyond that provided in this Certificate.

In order for a proposed course of treatment, service or supply to be considered a Covered Service, that treatment, service or supply must be Medically Necessary (see definition in Section I-T.) A proposed course of treatment, service or supply is not Medically Necessary or a Covered Service merely because a Participating Physician or Provider prescribes, orders, recommends or approves the service or supply. In addition, the requirements of Medical Necessity apply to all treatments, services or supplies covered under this Certificate, even treatments, services or supplies which are specifically covered by Health Plan or which are not expressly excluded. Thus, a proposed course of treatment, service or supply will not be considered a Covered Service when it is not Medically Necessary even though the treatment, service or supply itself is not specifically listed as an Exclusion and/or may be expressly provided for in Attachment A and/or is otherwise a benefit under the Medical Assistance Program. Health Plan shall hold Member harmless from any financial responsibility for services that retrospectively are considered not Medically Necessary, unless the Member has committed fraud.

Members may be referred to a non-Participating Provider in the event that a Participating Provider cannot meet the medical needs of the patient.

A Member shall not obtain a vested interest in any Covered Service merely by virtue of the fact that the Member has begun to receive that Covered Service. Health Plan may amend or terminate this Certificate as provided herein and Member shall not have a vested interest in continued coverage under this Certificate or any Covered Service.

Health Plan will not cover services rendered to a Member if a Member consults a health professional without authorization by Health Plan.

# **SECTION V. CONTINUITY OF CARE**

#### A. New Members

If a Member is receiving medical care or treatment as an inpatient in an acute care hospital on the effective date of enrollment, Health Plan shall assume responsibility for the management of such care and shall be liable for all claims for Covered Services from that date. For hospital stays that would otherwise be reimbursed under the HFS Medical Program on a per diem basis, Health Plan's liability shall begin on the effective date of enrollment. Notwithstanding the foregoing, for hospital stays that would otherwise be reimbursed under the HFS Medical Program on a DRG basis. Health Plan will have no liability for the hospital stay.

If a Member is receiving medical care or treatment as an inpatient in an acute care hospital at the time coverage under this Certificate is terminated, Health Plan shall arrange for the continuity of care or treatment for the current episode of illness until such medical care or treatment has been fully transferred to a treating Provider who has agreed to assume responsibility for such medical care or treatment for the remainder of that hospital episode and subsequent follow-up care. Health Plan will maintain documentation of such transfer of responsibility of medical care or treatment. For hospital stays that would otherwise be reimbursed under the Department's Medical Program on a per diem basis, Health Plan shall be liable for payment for any medical care or treatment provided to a Member until the effective date of disenrollment. For hospital stays that would otherwise be reimbursed under the Department's Medical Program on a DRG basis, Health Plan shall be liable for payment for any inpatient medical care or treatment provided to a Member where the discharge date is after the effective date of disenrollment.

Health Plan will provide coordination of care assistance to Prospective Members to access a Provider, or to continue a course of treatment, before Health Plan's coverage becomes effective, if requested to do so by the Prospective Member, or if Health Plan has knowledge of the need for such assistance. The Care Coordinator assigned to the Prospective Member shall attempt to contact the Prospective Member no later than two (2) business days after the Care Coordinator is notified of the request for coordination of care.

In the event that the physician of a new Member who is in an active, ongoing course of treatment or is in the third trimester of pregnancy is not a network provider. Health Plan will permit such Member to continue an ongoing course of treatment with such

Physician for up to one hundred eighty (180) days if new to managed care, or up to ninety (90) days if transferring from another health plan to Plan, or as otherwise required by Section 25 of the Managed Care Reform and Patient's Rights Act only if the out-of-network physician agrees to provide such ongoing course of treatment, and if such out-of-network physician agrees to: (i) accept reimbursement at Health Plan's established rates based on a review of the level of services provided, (ii) adhere to Health Plan's QA requirements, (iii) provide necessary medical information related to health care, and (iv) adhere to Health Plan's policies and procedures, including but not limited to procedures regarding referrals.

Health Plan will provide for transition of services in accordance with Section 25 of the Managed Care and Patient's Rights Act (215 ILCS 134/25).

# B. Existing Members

In the event that a Member's physician leaves Health Plan's network, Health Plan will permit the Member to continue an ongoing course of treatment with the Physician for up to ninety (90) days or through the postpartum period, or as otherwise required by Section 25 of the Managed Care Reform and Patient's Rights Act only if the out-of-network Physician agrees to provide such ongoing course of treatment, and if such out-of-network Physician agrees to (i) accept reimbursement at Health Plan's established rates based on a review of the level of services provided, (ii) adhere to Health Plan's QA requirements, (iii) provide necessary medical information related to health care, and (iv) adhere to Health Plan's policies and procedures, including, but not limited to, procedures regarding Referrals.

#### SECTION VI. RELATIONSHIP OF PARTIES

#### A. Independent Contractors

The relationship between Health Plan and participating providers is that of an independent contractor relationship; participating providers are not agents or employees of Health Plan, nor is Health Plan, or any employee of health plan, an employee or agent of participating providers. Health Plan shall not be liable for any claim or demand on account of damages arising out of, or in any manner connected with, any injuries suffered by a Member while receiving care from any participating provider or in any participating provider's facilities resulting from the participating provider's own negligence in the performance of the participating provider's duties arising from the Member's treatment.

#### B. Provider/ Patient Relationship

Participating Providers maintain the provider/patient relationship with Members and are solely responsible to Members for all health services or treatment afforded or recommended by Participating Providers. Members may refuse to accept certain procedures. Participating Providers may regard such refusal to accept their recommendations as incompatible with continuance of their provider/patient relationship and as obstructing the provision of proper medical care. Participating Providers shall use their best efforts to render all necessary and appropriate medical care in a manner compatible with a Participating Provider's judgment as to the requirements of proper medical practice. If a Member refuses to follow a recommended treatment or procedure after the Participating Provider has used his or her best efforts to elicit the Member's cooperation, and the Participating Provider believes that no professionally acceptable alternative exists, such Member shall be so advised. In such case, Health Plan will notify the Member to select a new Participating Provider. If the Member has failed to select a new Participating Provider within thirty (30) days of the notice, Health Plan will select a new Participating Provider on the Member's behalf. In addition, Health Plan may notify Illinois Department of Healthcare and Family Services of such noncompliance and request that the Department disenroll the Member from Health Plan. The repeated refusal by the Member to follow prescribed treatment(s) or procedure(s) may result in termination of the Member's coverage, pursuant to Section III, Termination of Member's Coverage. Prior to termination, however, Health Plan will provide Member an opportunity to select an alternative PCP.

Health Plan or a Participating Provider may terminate their contract or limit the numbers of Members that the provider will accept as patients. Health Plan does not promise that a specific Participating Provider will be available to render services throughout the period that a Member is covered by Health Plan. However, Health Plan will provide all Members with 60 days advance notice of the termination of any PCP previously seen by Member, provided Health Plan receives such notice from provider. If Health Plan receives less than 60 days advance notice from the provider, Health Plan shall provide 15 days' notice to Member of such termination.

Health Plan shall not intervene with the provision of medical services, it being understood that the traditional relationship between the provider and patient will be maintained. However, Health Plan is not responsible for the payment of medical services in those cases where a particular course of treatment is not a covered service under the Member's Health Plan coverage. Health Plan shall hold Members harmless from any financial responsibility for services that Health Plan retrospectively deems not to be covered, by virtue of not being medically necessary, unless fraud has been committed by the Member.

# SECTION VIII. WORKERS' COMPENSATION, AUTOMOBILE LIABILITY INSURANCE, MEDICARE AND OTHER HEALTH COVERAGE

# A. Workers Compensation and Automobile Liability Insurance

The benefits under this Certificate are not designed to duplicate any benefit to which such Members are eligible under Workers' Compensation or Automobile Liability Insurance. All sums payable pursuant to Workers' Compensation and Automobile Liability Insurance for services provided or arranged for Members are payable to and retained by Health Plan. It is also understood that coverage under this Certificate is not in lieu of, and shall not affect, any requirements for coverage under Workers' Compensation and

Automobile Liability Insurance. A Member's failure to pursue his or her Workers' Compensation rights, Automobile Liability benefits (if in force) or the waiver of those rights or benefits shall be considered a violation of this provision.

#### B. Medicare

Except as otherwise provided by applicable Federal law, the benefits under this Certificate for Members age sixty-five (65) and older, or Members otherwise covered by Medicare, do not duplicate any benefit to which such Members are eligible under the Medicare Act, including Part B of such Act, except Medicare copayments and deductibles. Where Medicare is the primary payor, all sums payable pursuant to the Medicare Program for services provided under this Certificate are payable to and retained by Health Plan, or as otherwise directed by Health Plan.

#### C. Other Health Coverage

Any services which have been paid or are payable under any other health plan or health insurance under which a Member is covered is always primary to this coverage which, like the Medical Assistance Program, is always the coverage of last resort.

# D. Members' Cooperation

Each Member shall complete and submit to Health Plan such consents, releases, assignments and other documents as may be requested by Health Plan in order to obtain or assure reimbursement where Health Plan is the secondary payer under this Section. Health Plan may request that the Department disenroll any Member who fails to so cooperate, including enrolling under Part B of the Medicare Program as soon as possible where Medicare is the primary payor.

# **SECTION IX. SUBROGATION**

If a Member is injured or becomes ill through the act of a third party, Health Plan shall provide care for such injury or sickness. Acceptance of such services will constitute consent to the provisions of this Section.

In the event of any payments for benefits provided to a Member under this Certificate, Health Plan, to the extent of such payment, shall be subrogated to all rights of recovery such Member has against any person or organization and Health Plan shall be entitled to receive from any such recovery an amount up to the actual amount paid by Health Plan, and if the actual amount paid cannot be determined, then the Usual and Customary Charges, for the services provided by Health Plan. Member shall execute and deliver such instruments and papers as may be required and do whatever else is necessary to secure such rights to Health Plan.

Health Plan shall have a lien on all funds received by Member up to the actual amount paid by Health Plan, and if the actual amount paid cannot be determined, then the Usual and Customary Charge for the services and supplies provided to Member. Health Plan may give notice of that lien to any party who may have contributed to the loss.

If Health Plan so decides, it may be subrogated to the Member's rights to the extent of the benefits received under this Certificate. This includes Health Plan's right to bring suit against the third party in the Member's name.

Any such right of subrogation or reimbursement provided to Health Plan under this policy shall not apply or shall be limited to the extent that Illinois statutes or the courts of Illinois eliminate or restrict such rights.

The Member must take such action, furnish such information and assistance, and execute such instruments as Health Plan may require to facilitate enforcement of its rights under this provision. The Member shall take no action prejudicing the rights and interests of Health Plan under this provision.

#### SECTION X. UTILIZATION MANAGEMENT PROGRAM

The Utilization Management Program is intended to assure the most appropriate level, amount, and quality of care in the most cost effective manner.

# A. Scope of Program

The utilization management program applies to all covered services. Authorization from health plan is required for all services received from healthcare providers, including participating providers and follow-up visits.

#### B The Program

Under the Utilization Management Program, Health Plan will review the PCP's or WHCP's determination that services are Medically Necessary. Factors that will be considered include, but are not limited to, the following elements:

- 1. Whether the recommended level and/or site of care is Medically Necessary
- 2. Whether the recommended level and/or site of care is medically appropriate and efficient in light of the available alternatives
- 3. Whether the duration of treatment is Medically Necessary and/or appropriate

Health Plan will utilize a number of steps in these determinations including, but not limited to: pre-admission review; admission review; continued stay review; and case management.

# C. Use of Genetic Testing

Health Plan will not seek information derived from genetic testing for use in connection with this Contract for the purpose of disclosing any genetic testing information to anyone not involved in the clinical care of the patient.

#### **Pre-Certification and Utilization Review**

The Health Plan's Medical Director or designated Utilization Management ("UM") Department Representative must authorize all elective hospital admissions, outpatient surgery, and specialty care

#### **Out-of-Area Coverage**

The Plan does not cover out of area services unless explicitly provided otherwise in this Certificate. Members who move outside of the service area will be disenrolled, except for Members living in the Service Area who are admitted to a nursing facility outside of the Service area and placement is not based on the family or social situation of the Member.

#### SECTION XI. GRIEVANCES AND APPEALS

#### **Grievance and Appeal Process**

We want you to be happy with services you get from Meridian Health Plan and our providers. If you are not happy, you can file a grievance or appeal.

#### **Grievances**

A grievance is a complaint about any matter other than a denied, reduced or terminated service or item. If you need help filing a grievance call your Care Coordinator or Member Services at 866-606-3700.

Meridian Health Plan takes member grievances very seriously. We want to know what is wrong so we can make our services better. If you have a grievance about a provider or about the quality of care or services you have received, you should let us know right away. Meridian has special procedures in place to help members who file grievances. We will do our best to answer your questions or help to resolve your concern. Filing a grievance will not affect your health care services or your benefits coverage.

# These are examples of when you might want to file a grievance:

- Your provider or a Meridian Health Plan staff member did not respect your rights
- You had trouble getting an appointment with your provider in an appropriate amount of time.
- You were unhappy with the quality of care or treatment you received
- Your provider or a Meridian Health Plan staff member was rude to you
- · Your provider or a Meridian Health Plan staff member was insensitive to your cultural needs or other special needs you may have

You can file your grievance on the phone by calling Meridian Health Plan at 866-606-3700. If you are hearing impaired, call the Illinois Relay at 711. You can also file your grievance in writing via mail or fax at:

Meridian Health Plan
Attn: Grievance and Appeals Dept.
333 S. Wabash Ave., Suite 2900
Chicago, IL 60604
Phone: 866-606-3700
TTY: 711
Fax: 312-980-0444

In the grievance letter, give us as much information as you can. For example, include the date and place the incident happened, the names of the people involved and details about what happened. Be sure to include your name and your Member ID number. You can ask us to help you file your grievance by calling member services at 866-606-3700.

If you do not speak English, we can provide an interpreter at no cost to you. Please include this request when you file your grievance. If you are hearing impaired, call the Illinois Relay at 711.

At any time during the grievance process, you can have someone you know represent you or act on your behalf including a physician or an attorney. This person will be "your representative." If you decide to have someone represent you or act for you, inform Meridian in writing the name of your representative and his or her contact information.

We will try to resolve your grievance right away. If we cannot, We may contact you for more information.

# **Appeals**

An appeal is a way for you to ask for a review of our actions. If we decide that a requested service or item cannot be approved, or if a service is reduced or stopped, you will get a "Notice of Action" letter from us. This letter will tell you the following:

- What action was taken and the reason for it
- Your right to file an appeal and how to do it
- Your right to ask for a State Fair Hearing and how to do it
- Your right in some circumstances to ask for an expedited appeal and how to do it
- · Your right to ask to have benefits continue during your appeal, how to do it and when you may have to pay for the services

You may not agree with a decision or an action made by Meridian Health Plan about your services or an item you requested. An appeal is a way for you to ask for a review of our actions. You may appeal within **60 calendar days** of the date on our Notice of Action form. If you want your services to stay the same while you appeal, you must say so when you appeal, and you must file your appeal no later than **10 calendar days** from the date on our Notice of Action form. The list below includes examples of when you might want to file an appeal:

- Not approving or paying for a service or item your provider asks for
- Stopping a service that was approved before
- Not giving you the service or items in a timely manner
- Not advising you of your right to freedom of choice of providers
- Not approving a service for you because it was not in our network

#### Here are two ways to file an appeal.

- 1) Call Member Services at 866-606-3700. If you are hearing impaired, call the Illinois Relay at 711. If you file an appeal over the phone, you must follow it with a written signed appeal request
- 2) Mail or fax your written appeal request to:

Meridian Health Plan 333 South Wabash Ave., Suite 2900 Chicago, IL 60604 Phone: 866-606-3700 TTY: 711 Fax: 312-980-0444

For pharmacy services:

MeridianRx 1 Campus Martius, Suite 750 Detroit, MI 48226 Fax: 855-580-1695

If you do not speak English, we can provide an interpreter at no cost to you. Please include this request when you file your appeal. If you are hearing impaired, call the Illinois Relay at 711.

# Can someone help you with the appeal process?

You have several options for assistance. You may:

- · Ask someone you know to assist in representing you. This could be your Primary Care Provider or a family member, for example
- Choose to be represented by a legal professional
- If you are in the Disabilities Waiver, Traumatic Brain Injury Waiver or HIV/AIDS Waiver, you may also contact CAP (Client Assistance Program) to request their assistance at 800-641-3929 (Voice) or 888-460-5111 (TTY).

To appoint someone to represent you, either: 1) send us a letter informing us that you want someone else to represent you and include in the letter his or her contact information or 2) fill out the Authorized Representative Appeals form. You may find this form on our website at www.mhplan.com/il or call us at 866-606-3700 to obtain the form.

#### **Appeal Process**

We will send you an acknowledgement letter within three business days saying we received your appeal. We will tell you if we need more information and how to give us such information in person or in writing.

A provider with the same or similar specialty as your treating provider will review your appeal. It will not be the same provider who made the original decision to deny, reduce or stop the medical service.

Meridian Health Plan will send our decision in writing to you within 15 business days of the date we received your appeal request. Meridian Health Plan may request of you and the State of Illinois an extension up to 14 more calendar days to make a decision on your case if we need to get more information before we make a decision. You can also ask us for an extension, if you need more time to obtain additional documents to support your appeal.

We will call you to tell you our decision and send you and your authorized representative the Decision Notice. The Decision Notice will tell you what we will do and why.

If Meridian's decision agrees with the Notice of Action, you may have to pay for the cost of the services you got during the appeal review. If Meridian Health Plan's decision does not agree with the Notice of Action, we will approve the services to start right away.

Things to keep in mind during the appeal process:

- At any time, you can provide us with more information about your appeal, if needed
- You have the option to see your appeal file at no cost to you
- You have the option to be there when Meridian reviews your appeal

# How can you expedite your Appeal?

If you or your provider believes our standard timeframe of 15 business days to make a decision on your appeal will seriously jeopardize your life or health, you can ask for an expedited appeal by writing or calling us. If you write to us, please include your name, Member ID number, the date of your Notice of Action letter, information about your case and why you are asking for the expedited appeal. We will let you know within 24 hours if we need more information. Once all information is provided, we will call you within 24 hours to inform you of our decision and will also send you and your authorized representative the Decision Notice.

# How can you withdraw an Appeal?

You have the right to withdraw your appeal for any reason, at any time, during the appeal process. However, you or your authorized representative must do so in writing, using the same address as used for filing your appeal. Withdrawing your appeal will end the appeal process and no decision will be made by us on your appeal request.

Meridian will acknowledge the withdrawal of your appeal by sending a notice to you or your authorized representative. If you need further information about withdrawing your appeal, call Meridian Health Plan at 866-606-3700. If you are hearing impaired, call the Illinois Relay at 711.

#### What happens next?

After you receive the Meridian Health Plan appeal Decision Notice in writing, you do not have to take any action and your appeal file will be closed. However, if you disagree with the decision made on your appeal, you can take action by asking for a State Fair Hearing Appeal and/or asking for an External Review of your appeal within **thirty (30) calendar days** of the date on the Decision Notice. You can choose to ask for both a State Fair Hearing Appeal and an External Review or you may choose to ask for only one of them.

#### State Fair Hearing

If you choose, you may ask for a State Fair Hearing Appeal within **120 calendar days** of the date on the Decision Notice, but you must ask for a State Fair Hearing Appeal within **10 calendar days** of the date on the Decision Notice if you want to continue your services. If you do not win this appeal, you may be responsible for paying for these services provided to you during the appeal process.

At the State Fair Hearing, just like during the Meridian Health Plan Appeals process, you may ask someone to represent you, such as a lawyer or have a relative or friend speak for you. To appoint someone to represent you, send us a letter informing us that you want someone else to represent you and include in the letter his or her contact information.

You can ask for a State Fair Hearing in one of the following ways:

- Your local Family Community Resource Center can give you an appeal form to request a State Fair Hearing and will help you fill it
  out, if you wish
- Visit https://abe.illinois.gov/abe/access/appeals to set up an ABE Appeals Account and submit a State Fair Health Appeal online.
   This will allow you to track and manage your appeal online, viewing important dates and notices related to the State Fair Hearing and submitting documentation
- If you want to file a State Fair Hearing Appeal related to your medical services or items or Elderly Waiver (Community Care Program (CCP)) services, send your request in writing to:

Illinois Department of Healthcare and Family Services Bureau of Administrative Hearings 69 W. Washington Street, 4<sup>th</sup> Flor Chicago, IL 60602 Fax: 312-793-2005

Email: HFS.FairHearings@illinois.govOr you may call 855-418-4421, TTY: 800-526-5812

If you want to file a State Fair Hearing Appeal related to mental health services or items, substance abuse services, Persons with
Disabilities Waiver services, Traumatic Brain Injury Waiver services, HIV/AIDS Waiver services or any Home Services Program
(HSP) service, send your request in writing to:

Illinois Department of Human Services Bureau of Hearings 69 W. Washington Street, 4<sup>th</sup> Floor Chicago, IL 60602 Fax: 312-793-8573

Email: DHS>HSPAppeals@illinois.gov Or you may call 800-435-0774, TTY: 877-734-7429

## **State Fair Hearing Process**

The hearing will be conducted by an Impartial Hearing Officer authorized to conduct State Fair Hearings. You will receive a letter from the appropriate Hearings office informing you of the date, time and place of the hearing. This letter will also provide information about the hearing. It is important that you read this letter carefully. If you set up an account at http://abe.illinois.gov/abe/access/appeals you can access all letters related to your State Fair Hearing process through your ABE Appeals Account. You can also upload documents and view appointments.

At least three business days before the hearing, you will receive information from Meridian Health Plan. This will include all evidence we will present at the hearing. This will also be sent to the Impartial Hearing Officer. You must provide all the evidence you will present at the hearing to Meridian Health Plan and the Impartial Hearing Officer at least three business days before the hearing. This includes a list of any witnesses who will appear on your behalf, as well as all documents you will use to support your appeal.

You will need to notify the appropriate Hearings Office of any accommodation you may need. Your hearing may be conducted over the phone. Please be sure to provide the best phone number to reach you during business hours in your request for a State Fair Hearing. The hearing may be recorded.

#### **Continuance or Postponement**

You may request a continuance during the hearing or a postponement prior to the hearing, which may be granted if good cause exists. If the Impartial Hearing Officer agrees, you and all parties to the appeal will be notified in writing of a new date, time and place. The time limit for the appeal process to be completed will be extended by the length of the continuation or postponement.

#### Failure to Appear at the Hearing

Your appeal will be dismissed if you or your authorized representative do not appear at the hearing at the time, date and place on the notice and you have not requested postponement in writing. If your hearing is conducted via telephone, your appeal will be dismissed if you do not answer your telephone at the scheduled appeal time. A Dismissal Notice will be sent to all parties to the appeal.

Your hearing may be rescheduled, if you let us know within **10 calendar days** from the date you received the Dismissal Notice, if the reason for your failure to appear was:

- A death in the family
- Personal injury or illness which reasonably would prohibit your appearance
- A sudden and unexpected emergency

If the appeal hearing is rescheduled, the Hearings Office will send you or your authorized representative a letter rescheduling the hearing with copies to all parties to the appeal.

If we deny your request to reset your hearing, you will receive a letter in the mail informing you of our denial.

#### The State Fair Hearing Decision

A Final Administrative Decision will be sent to you and all interested parties in writing by the appropriate Hearings Office. The Decision will also be available online through your ABE Appeals Account. This Final Administrative Decision is reviewable only through the Circuit Courts of the State of Illinois. The time the Circuit Court will allow for filing of such review may be as short as 35 days from the date of this letter. If you have questions, please call the Hearing Office.

#### External Review (for medical services only)

Within **30 calendar days** after the date on the Meridian appeal Decision Notice, you may choose to ask for a review by someone outside of Meridian Health Plan. This is called an external review. The outside reviewer must meet the following requirements:

- Board certified provider with the same or like specialty as your treating provider
- Currently practicing
- Have no financial interest in the decision
- Not know you and will not know your identity during the review

External Review is not available for appeals related to services received through the Elderly Waiver, Persons with Disabilities Waiver, Traumatic Brain Injury Waiver, HIV/Aids Waiver or the Home Services Program.

Your letter must ask for an external review of that action and should be sent to:

Meridian Health Plan Attn: Grievance and Appeals Dept. 333 S. Wabash Ave., Suite 2900 Chicago, IL 60604 Phone: 866-606-3700 TTY: 711 Fax: 312-980-0444

# What Happens Next?

- We will review your request to see if it meets the qualifications for external review. We have five business days to do this. We will send you a letter letting you know if your request meets these requirements. If your request meets the requirements, the letter will have the name of the external reviewer
- You have five business days from the letter we send you to send any additional information about your request to the external reviewer

The external reviewer will send you and/or your representative and Meridian Health Plan a letter with their decision within five calendar days of receiving all the information they need to complete their review.

# Expedited External Review (for medical services only)

If the normal time frame for an external review could jeopardize your life or your health, you or your representative can ask for an expedited **external review.** You can do this over the phone or in writing. To ask for an expedited external review over the phone, call Member Services toll-free at 866-606-3700. To ask in writing, send us a letter at the address below. You can only ask one (1) time for an external review about a specific action. Your letter must ask for an external review of that action.

Meridian Health Plan
Attn: Grievance and Appeals Dept.
333 S. Wabash Ave., Suite 2900
Chicago, IL 60604
Phone: 866-606-3700
TTY: 711
Fax: 312-980-0444

#### What happens next?

- Once we receive the phone call or letter asking for an expedited external review, we will immediately review your request to see if
  it qualifies for an expedited external review. If it does, we will contact you or your representative to give you the name of the
  reviewer.
- We will also send the necessary information to the external reviewer so they can begin their review.
- As quickly as your health condition requires, but no more than two (2) business days after receiving all information needed, the
  external reviewer will make a decision about your request. They will let you and/or your representative and Meridian Health Plan
  know what their decision is verbally. They will also follow up with a letter to you and/or your representative and Meridian Health
  Plan with the decision within forty-eight (48) hours.

IMPORTANT: In the event of any inconsistency between your Description of Coverage and Certificate of Coverage, the terms of the Certificate will control.

#### **SECTION XII. GENERAL PROVISIONS**

#### Financial Responsibility

There are no co-payments, deductibles or premiums payable by the Member for covered, eligible care. A Member may request a description of the financial relationships between the Health Plan and any healthcare provider, the percent of co-payments, deductibles and total premiums spent on health care and related administrative expenses, as well as a notice of the Member's right to request healthcare provider information from his or her provider as set forth in the Managed Care Reform and Patient Rights Act.

#### **Entire Certificate**

This Certificate and any Attachments hereto, and the individual applications and questionnaires, if any, of the Member constitute the entire agreement between the parties and as of the effective date of coverage, and supersede all other agreements between the parties. No portion of Health Plan's charter, by-laws or other document of Health Plan shall be considered part of this Certificate unless set forth in full herein or attached hereto.

#### Form or Content of Certificate

No agent or employee of Health Plan is authorized to change the form or content of this Certificate. Such changes can be made only through endorsement signed by an authorized officer of Health Plan.

# **Identification Card**

Cards issued by Health Plan to Members pursuant to this Certificate are for identification only. Possession of a Health Plan ID card confers no right to services or other benefits under this Certificate. To receive benefits under this Certificate, the holder of the ID card must, in fact, be an Eligible person. Any other person receiving services or other benefits under this Certificate and any Member assisting such person shall be liable for the actual cost of such services or benefits or, if the actual costs cannot be determined, the Usual and Customary Charges of such services or benefits and Member's coverage may be terminated pursuant to Section III-A(1) and may be in criminal violation of Illinois law.

# **Authorization to Examine Health Records**

By accepting benefits under the Certificate, the Member consents to and authorizes all healthcare providers, including but not limited to Physicians, Hospitals, Skilled Nursing Facilities and Participating Providers to permit the examination and copying of any portion of the Member's hospital and medical records, when requested by Health Plan, in accordance with the consents obtained in Section VIII-D above. Information from medical records of Members and information received from providers incident to the provider/patient relationship shall be kept confidential and except for uses reasonably necessary in connection with government requirements established by law, may not be disclosed without the consent of the Member.

#### **Notice of Claim**

If submission of a claim is required to receive benefits under this Certificate, such claim shall be allowed only if notice of that claim is submitted to Health Plan within ninety (90) days from the date on which the expense was first incurred. However, if it was not reasonably possible to give notice within the above time limit, and notice was furnished as soon as was reasonably possible, the submission date will be extended accordingly. However, in no event will benefits be allowed if notice of claim is made beyond twelve (12) months from the date on which the expense was incurred. A Member may make a claim to Health Plan by submitting bills from the providers for the healthcare services Member received along with a description of the circumstances surrounding the receipt of the healthcare services and proof of payment if the Member is seeking reimbursement.

14

#### **Notice**

Any notice under this Certificate may be sent by Certified Mail, Return Receipt Requested or by Federal Express or similar overnight delivery service, including courier, addressed as follows:

Meridian Health Plan of Illinois, Inc. 333 S. Wabash Ave., Suite 2900 Chicago, IL 60604

Or, if to a Member, at the last address known to Health Plan.

#### Interpretation of Certificate

The laws of the State of Illinois shall be applied to interpretations of this Certificate.

#### Assignment

This Certificate is not assignable by Member. A Member's benefits under this Certificate are not assignable.

#### Gender

The use of any gender herein shall be deemed to include the other gender and, whenever appropriate, the use of the singular herein shall be deemed to include the plural and vice versa.

#### Clerical Error

Clerical error, of the Health Plan in keeping any record pertaining to the coverage hereunder, will not invalidate coverage otherwise validly in force or continue coverage otherwise validly terminated.

#### **Policies and Procedures**

Health Plan may adopt reasonable policies, procedures, rules and interpretations to promote the orderly and efficient administration of this Certificate.

# **Amendment**

This Certificate shall be subject to amendment or modification upon written notice to Member upon the amendment or modification by Health. By electing medical and hospital coverage under Health Plan or accepting Health Plan benefits, all Members legally capable of contracting agree to all terms, conditions, and provision hereof.

#### SECTION XIII. GENERAL EXCLUSIONS AND LIMITATIONS

Health Plan will not be required to cover the following services:

- 1. Personal comfort items or services
- 2. Custodial Care unless provided through HCBS Waiver Services
- 3. Cosmetic surgery, except for the repair of accidental injury or for improvement of a malfunctioning body part or for correction of congenital deformities evidenced in infancy or reconstructive surgery following a mastectomy
- 4. Any treatment covered under Workers' Compensation
- Any treatment covered under programs of the Federal or State Government where the Illinois Department of Healthcare and Family Services has no obligation to pay for such services under the State Medical Assistance Program
- 6. Health services rendered, including those related to pregnancy, after the termination date of the Member's coverage
- 7. Non-emergency dental services for Members aged 21 and over
- 8. Voluntary termination of pregnancy
- Diagnostic and/or therapeutic procedures and services related to infertility/sterility. Treatment of infertility, services of sperm banks, artificial insemination procedures including determinations, diagnostic procedures and fertility drugs used in preparation of treatment. Gamete intra-fallopian tube transfer, embryo transfer, embryo freezing and cost of donor sperm
- 10. Behavioral Training and Modification including biofeedback, neuro-muscular re-education, hypnotherapy, sleep therapy, vocational rehabilitation, sensory integration, play therapy, educational therapy, and recreational therapy
- 11. Dietary supplements that are not Medically Necessary
- 12. Exercise, health club membership, self-help, hygienic, and beautification equipment
- 13. Gender (sex) transformation, transsexual surgery or any procedures or treatment designed to alter physical characteristics of the Member to those of the opposite sex, and any other treatment or studies related to sex transformations
- 14. Medications to enhance athletic performance
- 15. Military service connected care, care for military service-connected disabilities and conditions for which the Member is legally entitled and for facilities which are in the Service Area
- 16. Personal or comfort items, such as, but not limited to, radio, television, telephone, guest meals, cosmetics, dietary supplements that are not Medically Necessary, and health or beauty aids, personal lodging, meals, travel expenses and all other non-medical expenses
- 17. Replacement prescription medications involving fraud of the Member
- 18. Reversal of voluntary surgically-induced infertility
- 19. Non-emergency transportation services that are not Medically Necessary
- 20. Complications resulting from a non-covered service will be determined on a case-by-case basis
- 21. Any treatment required as the result of war, or the act of war occurring after the Individual Effective Date, in the event of a major disaster or epidemic

The benefits under this certificate are intended to be equal to those covered under the medical Assistance Program component of a Medicare dual-eligible member's benefits unless otherwise expressly provided, consistent with the contract. Exclusions and benefits are

consistent with the Medical Assistance Program fee schedule provided by the medical assistance program for the State of Illinois' Department of Healthcare and Family Services. In addition, the exclusions listed above are not exhaustive and shall automatically be supplemented and revised to conform to the services covered or excluded by the Medical Assistance Program and the Contract, and any amendments thereto. Services available to a beneficiary under Medicare are not covered under this certificate.

# Attachment A Covered Services and Benefits, Limitations and Exclusions

#### **SECTION I. COVERED SERVICES AND BENEFITS**

A Member shall receive Covered Services from Participating Providers, including any medical, surgical, diagnostic, therapeutic and preventive services, as set forth in Attachment A, which are determined to be Medically Necessary and are performed within the scope of a provider's practice, experience and training, and if required, authorized on a prospective and timely basis by Health Plan's medical director.

When a Participating Provider determines services are Medically Necessary and recommends a course of treatment, and a second course of treatment is determined to be medically equivalent or substantially medically equivalent, as determined by Health Plan in accordance with generally accepted clinical protocols and/or guidelines, Health Plan has the right, at its discretion, to cover only the less costly services or benefits rather than those which would otherwise be covered or available under the Contract. This remains true whether such less costly services or benefits would or would not otherwise be covered. This means, for example, that if both inpatient care in a Skilled Nursing Facility and nursing care in the home on a part time intermittent basis would be medically appropriate, and inpatient care would be less costly, Health Plan can limit coverage to inpatient care. Moreover, Health Plan can limit coverage to inpatient care even if it means extending the quantity of the inpatient benefit beyond that provided in this Certificate.

In order for a proposed course of treatment, service or supply to be considered a Covered Service, that treatment, service or supply, must be Medically Necessary (see Section I-T of this handbook). A proposed course of treatment, service or supply is not Medically Necessary or become a Covered Service merely because a Participating Provider or Provider prescribes, orders, recommends or approves the service or supply. In addition, the requirements of Medical Necessity apply to all treatments, services or supplies covered under this Certificate, even treatments, services or supplies which are specifically covered by Health Plan or which are not expressly excluded. Thus, a proposed course of treatment, service or supply will not be considered a Covered Service when it is not Medically Necessary even though the treatment, service or supply itself is not specifically listed as an Exclusion and/or may be expressly provided for in Attachment A.

A Member shall not obtain a vested interest in any Covered Service merely by virtue of the fact that the Member has begun to receive that Covered Service. Health Plan may amend or terminate this Contract as provided herein and Member shall not have a vested interest in continued coverage under this Contract or any Covered Service.

Health Plan will not cover services rendered to a Member unless authorized by Health Plan.

#### **SECTION II. BENEFITS AND COVERAGES**

The benefits under this Certificate are intended to be equal to those covered under the Medical Assistance Program unless otherwise expressly provided, consistent with the Contract.

In order for a service to be a covered service it must be medically necessary and authorized by Health Plan.

# A. Mental Health Services

Medically necessary individual outpatient non-emergent Mental Health Services for evaluation, treatment or crisis intervention are covered when authorized in advance by Health Plan. Health Plan requires participating providers to complete a behavioral health assessment.

Coverage includes all services covered under the State of Illinois Medicaid Rehabilitation Option for Mental Health Care, as well as targeted case management services.

#### B. Detoxification and Treatment of Alcoholism and Drug Abuse

- Inpatient Care. Medical treatment for detoxification or medical complications of drug and alcohol abuse on an inpatient basis when approved in advance by Health Plan is a covered benefit. In addition, Inpatient rehabilitative services for alcohol or drug abuse are limited to thirty (30) days per calendar year for adults. There is no limitation for Inpatient rehabilitation services for alcohol or drug abuse for Members under the age of twenty-one (21), Members under the age of twenty-one (21) as an EPSDT benefit or pregnant Members. Care in a day hospital, residential non-hospital or intensive outpatient treatment mode may be substituted on a two-to-one basis for inpatient hospital services as deemed appropriate by Member's PCP. Thus, the number of remaining annual inpatient days a Member is eligible for will be reduced by one-half day for each day the Member is enrolled in a day hospital, residential non-hospital or intensive outpatient environment pursuant to a determination of appropriateness by Member's PCP. Inpatient detoxification services are only covered if Member has not been previously admitted for inpatient detoxification services in the sixty (60) days prior to admission.
- 2. **Outpatient Treatment.** Medical treatment for detoxification or medical complications of drug and alcohol abuse on an outpatient basis when determined to be medically necessary by Member's PCP and approved in advance by Health Plan is a covered benefit. In addition, Medically Necessary outpatient counseling for alcohol and drug abuse as appropriate for evaluation, crisis

intervention, and short-term treatment is a covered benefit and is limited to twenty-five (25) hours per calendar year. Group outpatient care visits may be substituted on a two-to-one basis for individual outpatient visits as deemed appropriate by Member's PCP. Thus, the number of remaining annual individual outpatient counseling visits a Member is eligible for will be reduced by one-half visit for each group outpatient visit received by Member pursuant to a determination of appropriateness by Member's Primary Care Provider. There is no limit for counseling for Members under the age of twenty-one (21) as an EPSDT benefit or for pregnant Members. Outpatient services must be rendered by a Participating Provider.

#### C. HCBS Services

Health Plan Covers certain Benefits for members with HCBS waivers (outlined in grid below). HCBS Waiver Services are only available to those members determined eligible by the appropriate state agency administering the waiver program. Health Plan does not perform eligibility determinations.

#### D. Non-Emergency Medical Transportation

Non-Emergency Medical Transportation of the following types is Covered when authorized by Health Plan and taken to attend Medicaid or Medicare Covered Services:

- Taxi services
- Service cars
- Private automobile transportation
- Other transportation services (mileage reimbursement, wheelchair van, etc.)

Non-emergency ambulance transportation is Covered when medically necessary (i.e., when a lower level of transport is inappropriate for a member's medical condition).

HCBS Waiver Benefits		
Waiver Type/ LTSS	Benefits	
Aging Waiver Service	<ul> <li>Adult Day Care</li> <li>Transportation to Adult Day Care Center</li> <li>Homemaker Services</li> <li>Personal Emergency Response System</li> </ul>	
Individuals with Disabilities Waiver	Adult Day Care     Transportation to Adult Day Care Center     Personal Emergency Response System     Home Modifications     Home Delivered Meals     Home Health Aide     Homemaker Services     Occupational Therapy     Personal Assistant     Physical Therapy     Respite     Skilled Nursing     Intermittent Nursing     Specialized Medical Equipment and Supplies     Speech Therapy	
HIV/AIDS Waiver	<ul> <li>Adult Day Care</li> <li>Transportation to Adult Day Care Center</li> <li>Personal Emergency Response System</li> <li>Home Modifications</li> <li>Homemaker Services</li> <li>Home Delivered Meals</li> <li>Personal Assistant</li> <li>Physical Therapy</li> <li>Occupational Therapy</li> <li>Respite</li> <li>Skilled Nursing</li> <li>Home Health Aide</li> <li>Speech Therapy</li> <li>Specialized Medical Equipment and Supplies</li> <li>Intermittent Nursing</li> </ul>	
Individuals with Brain Injury Waiver	<ul> <li>Adult Day Care</li> <li>Transportation to Adult Day Care Center</li> <li>Behavioral Services</li> <li>Day Habilitation</li> </ul>	

Supported Living Facilities Waiver	Personal Emergency Response System Home Modifications Home Delivered Meals Homemaker Services Occupational Therapy Personal Assistant Prevocational Services Respite Intermittent Nursing Skilled Nursing Home Health Aide Specialized Medical Equipment and Supplies Speech Therapy Supported Employment Services Physical Therapy Nursing Services Personal Care
	<ul> <li>Medication Assistance</li> <li>Laundry</li> <li>Housekeeping</li> <li>Maintenance</li> <li>Social and Recreational Programming</li> <li>Daily checks</li> <li>Ancillary services</li> <li>24 hour response/security staff</li> <li>Health Promotion and exercise</li> <li>Emergency call system</li> <li>Quality Insurance Plan</li> <li>Management of Resident Funds, if applicable</li> </ul>
Children who are Medically Fragile/Technology Dependent Waiver	<ul> <li>Home Modifications</li> <li>Placement Maintenance Counseling</li> <li>Respite</li> <li>Nurse Training</li> <li>Family Training</li> </ul>

Any services which have been paid or are payable under any other health plan or health insurance under which a Member is covered is always primary to this coverage and, like the Medical Assistance Program, is always the coverage of last resort.

# **SECTION III. EXCLUSIONS AND LIMITATIONS**

#### A. Exclusions

The benefits under this Certificate are intended to be equal to those covered under the Medical Assistance Program unless otherwise expressly provided, consistent with the Contract. Exclusions and benefits are consistent with the Medical Assistance Program fee schedule provided by the Medical Assistance Program for the State of Illinois' Healthcare and Family Services.

The following services and benefits shall not be included as covered services:

- I. Services provided in a State Facility operated as a psychiatric hospital as the result of a forensic commitment.
- 2. Services that are provided through a Local Education Agency (LEA).
- Services that are experimental or investigational in nature.
- Services that are provided by a non-Participating Provider and not authorized by Health Plan, unless this Certificate says otherwise.
- 5. Services provided without a required referral or prior authorization as set forth in Health Plan's Provider Manual.
- 6. Medical and surgical services that are provided solely for cosmetic purposes.
- 7. Diagnostic and therapeutic procedures related to infertility or sterility.
- 8. Early intervention services, including case management, provided pursuant to the Early Intervention Service System Act.
- 9. Services funded through the Juvenile Rehabilitation Services Medicaid Matching Fund.
- 10. Services or items furnished for the purpose of causing, or for the purpose of assisting in causing, the death of a Member, such as by assisted suicide, euthanasia, or mercy killing, except as otherwise permitted by P.L. 105-12, Section 3(b), which is incorporated by Section 1903(i)(16) of the Social Security Act.
- 11. Services for which Health Plan uses any portion of its capitated payment from the state to fund roads, bridges, stadiums, or any other items or services that are not Covered Services, except such items or services that are Emergency Services or specifically included as Covered Services in this Certificate.
- 12. Transportation to non-Medicaid and non-Medicare services not otherwise provided by Medicare, unless specifically listed as a benefit in this Certificate.
- 13. The following services, which may obtainable through the Member's Medicare coverage

MHP-ILMLTSS CERT 2018

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- Physician services
- Dental services
- Optometric services
- Podiatric services
- Chiropractic Services
- Physicians' Psychiatric Services
- Development Therapy, Orientation and Mobility Services (Waivers)
- DSCC Counseling/Fragile Children
- DCFS Rehab Option Services
- Nursing service
- Physical therapy services
- Occupational therapy services
- Speech therapy/pathology services
- Audiology services
- Sitter services
- Home health aides
- Anesthesia services
- Midwife services
- Genetic counseling
- Inpatient hospital services (general)
- Inpatient hospital services (psychiatric)
- Inpatient hospital services (physical rehabilitation)
- Inpatient hospital services (ESRD)
- Outpatient services (general)
- Outpatient services (ESRD)

- General clinic services
- Psychiatric clinic services (Type A)
- Psychiatric clinic services (Type B)
- Clinic services (physical rehabilitation)
- Healthy Kids services
- Early Intervention services
- Mental Health Clinic
   Option Services
- Juvenile Rehabilitation
- Skilled Care- Hospital Residing
- DD/MI Non-Acute Care-Hospital Residing
- Pharmacy services (drug and OTC)
- Medical equipment/prosthetic devices
- · Family planning services
- Clinical laboratory services
- Portable X-ray services
- Optical supplies
- Psychiatric drugs
- Medical supplies
- DCFS Targeted case management
- Emergency Ambulance transport
- Nurse Practitioner services
- Home care
- General inpatient
- Continuous care nursing
- Respite care
- LTC Full Medicare Coverage
- Home health services

- All kids application agent
- Targeted case management (early intervention)
- Subacute care
- LTC- ICF/MR
- LTC- ICF/MR skilled pediatric
- LTC- MI Recipient age 22-64
- LTC-Specialized Living Center- Intermediate MR
- SOPF- MI recipient over 64 years of age
- SOPF- MI recipient under 22 years of age
- SOPF- MI recipient nonmatchable
- Rehabilitation option service (special LEA services)
- Capitation services
- LTC-Developmental training (levels I-III)
- LTC- MR Recipient ages 21-65
- LTC-MR Recipient inappropriately placed
- Case Management
- Transplants
- Genetic counseling
- Fluoride varnish

#### B. Limitations

- 1. General Limitations -In the event that, due to circumstances not within the control of Health Plan, including but not limited to a major disaster, epidemic, the complete or partial destruction of facilities, riot, civil insurrection, disability of significant part of Participating Provider's personnel or similar causes, the rendition of professional or hospital services provided under this Certificate is delayed or rendered impractical, Health Plan shall make a good faith effort to arrange for an alternative method of providing coverage. In such event, Health Plan and Participating Providers shall render the Hospital and professional services provided under the Contract insofar as practical, and according to their best judgment; but Health Plan and Participating Providers shall incur no liability or obligation for delay, or failure to provide or arrange for services if such failure or delay is caused by such an event.
- 2. Out-of-Area Care Out-of-area benefits and services are limited to situations in which care is required immediately and unexpectedly; elective or specialized care required as a result of circumstances which could reasonably have been foreseen prior to departure from the Service Area are not covered. For example, the need for pregnancy-related medical service by a Member traveling outside the Service Area against medical advice during the third-trimester of pregnancy will not be deemed an Emergency, except when the Member is outside the Service Area due to circumstances beyond her control. However, unanticipated complications of pregnancy or premature delivery occurring before the Member had entered the third-trimester of pregnancy are covered outside the Service Area.

Continuing or follow-up treatment for an emergency situation is limited to care required before the Member can, without medically harmful or injurious consequences, return to the Service Area. Benefits for continuing or follow-up treatment are otherwise provided only in the Service Area, subject to all provisions of this Certificate.

The following services and benefits shall also be limited as Covered Services:

- 1. Termination of pregnancy shall be provided only as allowed by applicable State and federal law (42 C.F.R. Part 441, Subpart E). In any such case, the requirements of such laws must be fully complied with and Form HFS 2390 must be completed and filed in the Member's medical record. (Termination of pregnancy shall not be provided to Members eligible under the State Children's Health Insurance Program (215 ILCS 106)).
- 2. Sterilization services may be provided only as allowed by State and federal law (see 42 C.F.R. Part 441, Subpart F). In any such case, the requirements of such laws must be fully complied with and a DPA Form 2189 must be completed and filed in the Member's medical record.
- 3. If a hysterectomy is provided, a DPA Form 1977 must be completed and filed in the Member's medical record.

# Attachment B Member Services Department

Health Plan maintains a Member Services Department which is available to respond to your questions or concerns twenty-four (24) hours a day, seven (7) days a week. If you have any questions regarding provisions of this Certificate, how to obtain services under this Certificate, or have other questions, please contact Member Services at 866-606-3700. If you are hearing impaired, call the Illinois Relay at 711. Member Services will:

- Replace identification cards
- Assist in scheduling appointments
- Resolve Member complaints
- Assist with referrals to specialists
- Assist with PCP changes and WHCP changes
- Assist in filing grievances and appeals

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