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Bariatric Preoperative Evaluation Checklist

Using this checklist for the necessary documentation to evaluate requests for bariatric surgery is not a substitute for the policy. **All documentation submitted must be received within six months before a request.**

ALL PREOPERATIVE DOCUMENTS ARE REQUIRED AND MUST BE RECEIVED WITHIN SIX MONTHS

- ✓ **Low Cardiac Risk:** clearance by the member's PCP or cardiologist. The clearance document must be submitted with the request
- ✓ **High Cardiac Risk:** clearance by a cardiologist or an echocardiogram. The clearance document must be submitted with the request
- ✓ **Hemoglobin A1C**
- ✓ **Obstructive sleep apnea screening**
- ✓ **Pulmonary Function Tests (PFTs):** with a history of lung disease or sleep-disordered breathing
- ✓ **Arterial Blood Gas (ABG):** with a history of lung disease or sleep-disordered breathing
- ✓ **Nutrition evaluation:** iron studies, Vitamin B-12, folic acid, and 25-Vitamin D
- ✓ **Nutritional therapy and counseling**
- ✓ **Psychiatry or psychology evaluation**
- ✓ **Thyroid Stimulating Hormone (TSH):** when hypothyroidism is suspected or present
- ✓ **Fasting lipid panel**
- ✓ **UGI or endoscopy:** when GI symptoms are present
- ✓ **H. pylori screening:** if symptoms of ulcer disease are present
- ✓ **Gout treatment:** if present
- ✓ **Smoking cessation:** more than six weeks before surgery